# On gauge-dependence of gravitational waves from $1^{\text {st. }}$-order phase transitions 

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based on
Cheng-Wei Chiang (Natl Taiwan U), E.S., arXiv: 1707.06765 (PLB)

## Outline

- Introduction
- Gauge-dependence ( $\xi$ ) of the effective potential
- Impact of $\xi$ on $1^{\text {st }}$-order phase transition in classical scale-inv. $U(1)$ models: $T_{N}, G W$
- Summary


## Introduction

- $1^{\text {st }}$-order phase transition (PT) has interesting physical implications:
Electroweak Baryogenesis, Gravitational Waves (GW), etc.
- Mostly, effective potential is used for such calculations.


## problem

- Effective potential inherently depends on gauge-fixing parameter ( $\xi$ ).
- Nucleation temperature ( $T_{N}$ ), GW can be $\xi$ dependent.
Q. How (numerically) serious?
$1^{\text {stt}}$-order PT



## Thorny problem

## Effective potential is gauge dependent!!

Jackiw, PRD9,1686 (1974)
Because
$V_{\text {eff }} \ni$

1PI diagrams only
Leg corrections are needed to remove the $\xi$ dependence.

## Gauge dependence of $V_{\text {eff }}$



Fig. taken from H. Patel and M. Ramsey-Musolf, JHEP,07(2011)029

- Generally, VEV depends on a gauge parameter $\xi$
- Energies at stationary points do not depend on $\xi$

$$
\frac{\partial V_{\mathrm{eff}}}{\partial \xi}=C(\varphi, \xi) \frac{\partial V_{\mathrm{eff}}}{\partial \varphi}
$$

(Nielsen-Fukuda-Kugo (NFK) identity)

## Abelian-Higgs model

$$
\mathcal{L}=-\frac{1}{4} F_{\mu \nu} F^{\mu \nu}+\left|D_{\mu} \Phi\right|^{2}-V\left(|\Phi|^{2}\right)
$$

$$
\begin{aligned}
F_{\mu \nu} & =\partial_{\mu} A_{\nu}-\partial_{\nu} A_{\mu}, \quad D_{\mu} \Phi=\left(\partial_{\mu}-i e A_{\mu}\right) \Phi \\
V\left(|\Phi|^{2}\right) & =-\nu^{2}|\Phi|^{2}+\frac{\lambda}{4}|\Phi|^{4}, \quad \Phi(x)=\frac{1}{\sqrt{2}}(v+h(x)+i G(x))
\end{aligned}
$$

gauge boson: $D_{\mu \nu}^{-1}(k)=\left(-k^{2}+\bar{m}_{A}^{2}\right) \Pi_{\mu \nu}^{T}(k)+\frac{1}{\xi}\left(-k^{2}+\xi \bar{m}_{A}^{2}\right) \Pi_{\mu \nu}^{L}(k)$,

$$
\Pi_{\mu \nu}^{T}(k)=\left(g_{\mu \nu}-\frac{k_{\mu} k_{\nu}}{k^{2}}\right), \quad \Pi_{\mu \nu}^{L}(k)=\frac{k_{k} k_{\nu}}{k^{2}},
$$

NG boson: $\quad \Delta_{G}^{-1}(k)=k^{2}-\bar{m}_{G}^{2}-\xi \bar{m}_{A}^{2}$

$$
\text { ghost: } \quad \Delta_{c}^{-1}(k)=i\left(k^{2}-\xi \bar{m}_{A}^{2}\right)
$$

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\text { ghost: } \quad \Delta_{c}^{-1}(k)=i\left(k^{2}-\left(m_{A}^{2}\right)\right.
$$

## 1-loop effective potential

## e.g., Abelian-Higgs model

$\mu^{\epsilon} V_{1}^{A+G+c}(\varphi, \xi)=-\frac{i}{2} \mu^{\epsilon} \int \frac{d^{D} k}{(2 \pi)^{D}}\left[(D-1) \ln \left(-k^{2}+\bar{m}_{A}^{2}\right)+\ln \left(-k^{2}+\xi \bar{m}_{A}^{2}\right)\right.$

$$
\begin{gathered}
+\ln \left(-k^{2}+\xi \bar{m}_{A}^{2}\right)+\ln \left(1+\frac{\bar{m}_{G}^{2}}{-k^{2}+\xi \bar{m}_{A}^{2}}\right) \\
\left.-2 \ln \left(-k^{2}+\xi \bar{m}_{A}^{2}\right)\right]
\end{gathered}
$$

$\xi$-dependence disappears at $\bar{m}_{G}^{2}(\varphi=v)=0,\left.\quad \frac{\partial V_{0}}{\partial \varphi}\right|_{\varphi=v}=0$
NFK identity at 1-loop level:

$$
\frac{\partial V_{1}(\varphi, \xi)}{\partial \xi}=C(\varphi, \xi) \frac{\partial V_{0}(\varphi)}{\partial \varphi}
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\\
\quad+\ln \left(-k^{2}+\xi \bar{m}_{A}^{2}\right)+\ln \left(1+\frac{\bar{m}_{G}^{2}}{-k^{2}+\xi \bar{m}_{A}^{2}}\right) \\
\\
\left.\quad-2 \ln \left(-k^{2}+\xi \bar{m}_{A}^{2}\right)\right] \\
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$$

## Plotting $V_{\text {eff }}=V_{0}+V_{1}$,



No $\xi$-dependence at $\frac{\partial V_{0}}{\partial \varphi}=0$ but it is no longer a minimum at 1-loop level.

When 1-loop minimization condition is imposed, $\frac{\partial\left(V_{0}+V_{1}\right)}{\partial \varphi}=0$


Energy at $\phi=246 \mathrm{GeV}$ depends on $\xi!!$

## 1-loop effective potential at $\mathrm{T} \neq 0$

$$
V_{1}(\varphi, \xi ; T)=\sum_{i} \frac{T^{4}}{2 \pi^{2}} I_{B}\left(a_{i}^{2}\right),
$$

where

$$
I_{B}\left(a^{2}\right)=\int_{0}^{\infty} d x x^{2} \ln \left[1-e^{-\sqrt{x^{2}+a^{2}}}\right] .
$$

Using a high-T expansion of $I_{B}\left(a^{2}\right)$, one gets

$$
\begin{aligned}
& V_{1}(\varphi, \xi)+V_{1}(\varphi, \xi ; T) \\
& =\frac{T^{2}}{24}\left(\bar{m}_{h}^{2}+\bar{m}_{G}^{2}+3 \bar{m}_{A}^{2}\right)-\frac{T}{12 \pi}\left[\left(\bar{m}_{h}^{2}\right)^{3 / 2}+\left(\bar{m}_{G}^{2}+\xi \bar{m}_{A}^{2}\right)^{3 / 2}+\left(3-\xi^{3 / 2}\right)\left(\bar{m}_{A}^{2}\right)^{3 / 2}\right] \\
& \quad+\frac{1}{64 \pi^{2}}\left[\bar{m}_{h}^{4} \ln \frac{\alpha_{B} T^{2}}{\bar{\mu}^{2}}+\left(\bar{m}_{G}^{2}+\xi \bar{m}_{A}^{2}\right)^{2} \ln \frac{\alpha_{B} T^{2}}{\bar{\mu}^{2}}+3 \bar{m}_{A}^{4}\left(\ln \frac{\alpha_{B} T^{2}}{\bar{\mu}^{2}}+\frac{2}{3}\right)-\left(\xi \bar{m}_{A}^{2}\right)^{2} \ln \frac{\alpha_{B} T^{2}}{\bar{\mu}^{2}}\right]
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\end{aligned}
$$

$V_{\text {eff }}$ at $T \neq 0$ also depends on $\xi$ except " $T^{2}$-terms".

## SM case

[H.Patel, M.Ramsey-Musolf, JHEP,07(2011)029]


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## Classical scale-inv. U(1) model

$S M+U(1)^{\prime} w /$ scale symmetry

$$
\mathcal{L}=\mathcal{L}_{\mathrm{SM}^{\prime}}-\frac{1}{4} Z_{\mu \nu}^{\prime} Z^{\prime \mu \nu}+\left|D_{\mu} S\right|^{2}-V(H, S)
$$

$$
Z_{\mu \nu}^{\prime}=\partial_{\mu} Z_{\nu}^{\prime}-\partial_{\nu} Z_{\mu}^{\prime}, D_{\mu} S=\left(\partial_{\mu}+i g^{\prime} Q_{S}^{\prime} Z_{\mu}^{\prime}\right) S,
$$

scalar potential

$$
V(H, S)=\lambda_{H}\left(H^{\dagger} H\right)^{2}+\lambda_{H S} H^{\dagger} H|S|^{2}+\lambda_{S}|S|^{4}
$$

singlet scalar field: $\quad S(x)=\frac{1}{\sqrt{2}}\left(v_{S}+h_{S}(x)+i G(x)\right)$
After $U(1)$ is radiatively broken ( $\langle S\rangle \neq 0$ ), EW symmetry is broken if $\lambda_{H S}<0 . \quad m_{h}^{2}=-\lambda_{H S} v_{S}^{2} \longrightarrow-\lambda_{H S}=m_{h}^{2} / v_{S}^{2}=\mathcal{O}\left(10^{-3}\right)$

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## Classical scale-inv. U(1) model

$\xi$ dependence is different from the massive $U(1)$ model case.

$$
\begin{aligned}
V_{\mathrm{eff}}\left(\varphi_{S}\right)= & \frac{\lambda_{S}}{4} \varphi_{S}^{4}+3 \frac{\bar{m}_{Z^{\prime}}^{4}}{64 \pi^{2}}\left(\ln \frac{\bar{m}_{Z^{\prime}}^{2}}{\bar{\mu}^{2}}-\frac{5}{6}\right) \\
& +\frac{\bar{m}_{G, \xi}^{4}}{64 \pi^{2}}\left(\ln \frac{\bar{m}_{G, \xi}^{2}}{\bar{\mu}^{2}}-\frac{3}{2}\right)-\frac{\left(\xi \bar{m}_{Z^{\prime}}^{2}\right)^{2}}{64 \pi^{2}}\left(\ln \frac{\xi \bar{m}_{Z^{\prime}}^{2}}{\bar{\mu}^{2}}-\frac{3}{2}\right),
\end{aligned}
$$

where $\quad \bar{m}_{Z^{\prime}}^{2}=\left(g^{\prime} Q_{S}^{\prime} \varphi_{S}\right)^{2}, \quad \bar{m}_{G, \xi}^{2}=\lambda_{S} \varphi_{S}^{2}+\xi \bar{m}_{Z^{\prime}}^{2}$.
Minimization condition $\rightarrow \lambda_{s}=O\left(g^{\prime} 4 / 16 \pi^{2}\right)$
One gets

$$
V_{\mathrm{eff}}\left(\varphi_{S}\right) \simeq \frac{3 \bar{m}_{Z^{\prime}}^{4}}{64 \pi^{2}}\left(\ln \frac{\varphi_{S}^{2}}{v_{S}^{2}}-\frac{1}{2}\right), \quad \xi \text { independent!! }
$$

- Finite-T 1-loop effective potential is also $\xi$ independent.
- $\xi$ dependence will appear from 2-loop order.


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## Thermal resummation

At high T


## Prescription

e.g. NG boson

$$
\bar{m}_{G, \xi}^{2} \rightarrow \bar{m}_{G, \xi}^{2}+\Delta m_{S}^{2}
$$

to leading order: $\quad \Delta m_{S}^{2}=\frac{\left(g^{\prime} Q_{S}^{\prime}\right)^{2}}{4} T^{2}$

$$
\begin{aligned}
V_{\mathrm{eff}}\left(\varphi_{S} ; T\right) & \underset{\xi \text {-part }}{=} \frac{\left(\xi \bar{m}_{Z^{\prime}}^{2}+\Delta m_{S}^{2}\right)^{2}}{64 \pi^{2}}\left(\ln \frac{\xi \bar{m}_{Z^{\prime}}^{2}+\Delta m_{S}^{2}}{\bar{\mu}^{2}}-\frac{3}{2}\right)-\frac{\left(\xi \bar{m}_{Z^{\prime}}^{2}\right)^{2}}{64 \pi^{2}}\left(\ln \frac{\xi \bar{m}_{Z^{\prime}}^{2}}{\bar{\mu}^{2}}-\frac{3}{2}\right) \\
& +\frac{T^{4}}{2 \pi^{2}}\left[I_{B}\left(\frac{\xi \bar{m}_{Z^{\prime}}^{2}+\Delta m_{S}^{2}}{T^{2}}\right)-I_{B}\left(\frac{\xi \bar{m}_{Z^{\prime}}^{2}}{T^{2}}\right)\right]
\end{aligned}
$$

where $I_{B}$ is a 1-loop thermal function.
$V_{\text {eff }}$ is no longer $\xi$ independent due to $\Delta m_{S}^{2} \neq 0$

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\bar{m}_{G, \xi}^{2} \rightarrow \bar{m}_{G, \xi}^{2}+\Delta m_{S}^{2}
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to leading order: $\quad \Delta m_{S}^{2}=\frac{\left(g^{\prime} Q_{S}^{\prime}\right)^{2}}{4} T^{2}$

$$
\begin{aligned}
V_{\mathrm{eff}}\left(\varphi_{S} ; T\right) & \underset{\xi \text {-part }}{=} \frac{\left(\xi \bar{m}_{Z^{\prime}}^{2}+\Delta m_{S}^{2}\right)^{2}}{64 \pi^{2}}\left(\ln \frac{\xi \bar{m}_{Z^{\prime}}^{2}+\Delta m_{S}^{2}}{\bar{\mu}^{2}}-\frac{3}{2}\right)-\frac{\left(\xi \bar{m}_{Z^{\prime}}^{2}\right)^{2}}{64 \pi^{2}}\left(\ln \frac{\xi \bar{m}_{Z^{\prime}}^{2}}{\bar{\mu}^{2}}-\frac{3}{2}\right) \\
& +\frac{T^{4}}{2 \pi^{2}}\left[I_{B}\left(\frac{\xi \bar{m}_{Z^{\prime}}^{2}+\Delta m_{S}^{2}}{T^{2}}\right)-I_{B}\left(\frac{\xi \bar{m}_{Z^{\prime}}^{2}}{T^{2}}\right)\right]
\end{aligned}
$$

where $I_{B}$ is a 1-loop thermal function.
$V_{\text {eff }}$ is no longer $\xi$ independent due to $\Delta m_{S}^{2} \neq 0$

## Gravitational Waves from $1^{\text {st_}}$-order EWPT

GWs are induced by the $1^{\text {st }}$-order EWPT.
Sources of GW
(1) Bubble collisions,
(2)Sound waves,
(3)Turbulence

See Ref. [C.Caprini et al, 1512.06239(JCAP)]


2 important parameters: [Grojean, Servant, hep-ph/0607107(PRD)] latent heat $(\alpha)$, duration of $\mathrm{PT}(\beta)$
$\alpha \equiv \frac{\epsilon\left(T_{*}\right)}{\rho_{\mathrm{rad}}\left(T_{*}\right)}$ and $\left.\beta \equiv H_{*} T_{*} \frac{d}{d T}\left(\frac{S_{3}(T)}{T}\right)\right|_{T=T_{*}} \quad, \quad \epsilon(T)=\Delta V_{\mathrm{eff}}-T \frac{\partial \Delta V_{\mathrm{eff}}}{\partial T}$ and $\rho_{\mathrm{rad}}(T)=\frac{\pi^{2}}{30} g_{*}(T) T^{4}$,

## Gravitational Waves from $1^{\text {st.-order EWPT }}$

[C.Caprini et al, 1512.06239(JCAP)]

$$
\Omega_{\mathrm{GW}} h^{2}=\Omega_{\mathrm{col}} h^{2}+\Omega_{\mathrm{sW}} h^{2}+\Omega_{\mathrm{turb}} h^{2}
$$

Dominant source is sound waves:

$$
\begin{aligned}
\Omega_{\mathrm{sw}} h^{2}(f) & =2.65 \times 10^{-6} \tilde{\beta}^{-1}\left(\frac{\kappa_{v} \alpha}{1+\alpha}\right)^{2}\left(\frac{100}{g_{*}}\right)^{1 / 3} v_{w}\left(\frac{f}{f_{\mathrm{sw}}}\right)^{3}\left(\frac{7}{4+3\left(f / f_{\mathrm{sw}}\right)^{2}}\right)^{7 / 2}, \\
f_{\mathrm{sw}} & =1.9 \times 10^{-2} \mathrm{mHz} \frac{\tilde{\beta}}{v_{w}}\left(\frac{T_{*}}{100 \mathrm{GeV}}\right)\left(\frac{g_{*}}{100}\right)^{1 / 6}, \quad \tilde{\beta}=\frac{\beta}{H_{*}} \\
\kappa_{v} & \simeq \alpha /(0.73+0.083 \sqrt{\alpha}+\alpha) \text { for } v_{w} \simeq 1
\end{aligned}
$$

- Most calculations of $\alpha \& \beta$ in the literature depends on $\xi$.
- How much $\xi$ dependence can affect GW?


## Impact of $\xi$ on $\mathrm{T}_{\mathrm{N}}$

[Cheng-Wei Chiang, E.S., 1707.06765 (PLB)]

$$
Q_{S}^{\prime}=2, \alpha^{\prime}=g^{\prime 2} / 4 \pi=0.015, m_{Z^{\prime}}=4.5 \mathrm{TeV} \text { and } m_{\nu_{R 1,2,3}}=1.0 \mathrm{TeV}
$$

$$
\begin{gathered}
S_{3}=4 \pi \int_{0}^{\infty} d r r^{2}\left[\frac{1}{2}\left(\frac{d \phi_{S}}{d r}\right)^{2}+V_{\mathrm{eff}}\left(\phi_{S} ; T\right)\right] \\
\frac{d^{2} \phi_{S}}{d r^{2}}+\frac{2}{r} \frac{d \phi_{S}}{d r}-\frac{\partial V_{\mathrm{eff}}}{\partial \phi_{S}}=0
\end{gathered}
$$

$\lim _{r \rightarrow \infty} \phi_{S}(r)=0$ and $d \phi_{S}(r) /\left.d r\right|_{r=0}=0$.


|  | no resum | $\xi=0$ | $\xi=1$ | $\xi=5$ |
| :---: | :---: | :---: | :---: | :---: |
| $v_{S}\left(T_{*}\right) / T_{*}$ | $5.181 / 0.328=15.8$ | $5.181 / 0.368=14.1$ | $5.180 / 0.405=12.8$ | $5.163 / 0.490=10.5$ |
| $\alpha$ | 2.27 | 1.44 | 0.99 | 0.48 |
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## Impact of $\xi$ on gravitational wave



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## Impact of $\xi$ on gravitational wave


$\xi$ dependence of $V_{\text {eff }}$ propagates to GW spectrum significantly!

## Summary

- We have evaluated the gauge fixing parameter $(\xi)$ dependence on GW from the $1^{\text {st }}$-order phase transitions.
- Effective potential is $\xi$ dependent.
- Such $\xi$ dependence can propagate to nucleation temperature and eventually gravitational waves.
$\Omega_{G W}$ can change $O(1)$ in magnitude varying $\xi=0-5$.
- Gauge-inv. method with consistent thermal resummation is necessary to get reliable results.


## Backup

## 1-loop effective potential $\mathrm{T} \neq 0$

## Using a high-T expansion, one gets

$$
\begin{aligned}
& V_{1}(\varphi, \xi)+V_{1}(\varphi, \xi ; T) \\
& =\frac{T^{2}}{24}\left(\bar{m}_{h}^{2}+\bar{m}_{G}^{2}+3 \bar{m}_{A}^{2}\right)-\frac{T}{12 \pi}\left[\left(\bar{m}_{h}^{2}\right)^{3 / 2}+\left(\bar{m}_{G}^{2}+\xi \bar{m}_{A}^{2}\right)^{3 / 2}+\left(3-\xi^{3 / 2}\right)\left(\bar{m}_{A}^{2}\right)^{3 / 2}\right] \\
& \quad+\frac{1}{64 \pi^{2}}\left[\bar{m}_{h}^{4} \ln \frac{\alpha_{B} T^{2}}{\bar{\mu}^{2}}+\left(\bar{m}_{G}^{2}+\xi \bar{m}_{A}^{2}\right)^{2} \ln \frac{\alpha_{B} T^{2}}{\bar{\mu}^{2}}+3 \bar{m}_{A}^{4}\left(\ln \frac{\alpha_{B} T^{2}}{\bar{\mu}^{2}}+\frac{2}{3}\right)-\left(\xi \bar{m}_{A}^{2}\right)^{2} \ln \frac{\alpha_{B} T^{2}}{\bar{\mu}^{2}}\right]
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$$
\begin{aligned}
V_{\mathrm{eff}}(\varphi, \xi ; T) & =V_{0}(\varphi)+V_{1}(\varphi, \xi)+V_{1}(\varphi, \xi ; T) \\
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$$
\frac{v_{C}}{T_{C}}=\frac{2 E}{\lambda_{T}}
$$



## Thermal resummation

[Many refs: see, e.g., Parwani (92), Buchmüller et al (93), Chiku, Hatsuda (98), etc.] Perturbative expansion gets worse at high T .


Dominant thermal terms are added and subtracted in the Lagrangian:

$$
\begin{aligned}
\mathcal{L}_{B}=\mathcal{L}_{R}+\mathcal{L}_{\mathrm{CT}} \rightarrow & {\left[\mathcal{L}_{R}+\Delta m_{S}^{2}|S|^{2}+\frac{1}{2} \Delta m_{L}^{2} Z^{\prime \mu} L_{\mu \nu}(i \partial) Z^{\prime \nu}+\frac{1}{2} \Delta m_{T}^{2} Z^{\prime \mu} T_{\mu \nu}(i \partial) Z^{\prime \nu}\right] } \\
& +\left[\mathcal{L}_{\mathrm{CT}}-\Delta m_{S}^{2}|S|^{2}-\frac{1}{2} \Delta m_{L}^{2} Z^{\prime \mu} L_{\mu \nu}(i \partial) Z^{\prime \nu}-\frac{1}{2} \Delta m_{T}^{2} Z^{\prime \mu} T_{\mu \nu}(i \partial) Z^{\prime \nu}\right]
\end{aligned}
$$

where

$$
\begin{aligned}
& T_{00}=T_{0 i}=T_{i 0}=0, \quad T_{i j}=g_{i j}-\frac{k_{i} k_{j}}{-\boldsymbol{k}^{2}}, \\
& L_{\mu \nu}=P_{\mu \nu}-T_{\mu \nu}, \quad P_{\mu \nu}=g_{\mu \nu}-\frac{k_{\mu} k_{\nu}}{k^{2}}
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$$
+\mathcal{L}_{\text {CT }}-\Delta m_{S}^{2}|S|^{2}-\frac{1}{2} \Delta m_{L}^{2} Z^{\prime \mu} L_{\mu \nu}(i \partial) Z^{\prime \prime}-\frac{1}{2} \Delta m_{T}^{2} Z^{\prime \mu} T_{\mu \nu}(i \partial) Z^{\prime \prime}
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## Impact of $\xi$ on v/T

e.g., scale-inv. $U(1)_{B-L}$ model [Cheng-Wei Chiang, E.S., 1707.06765 (PLB)]
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|  | no resum | $\xi=0$ | $\xi=1$ | $\xi=5$ |
| :---: | :---: | :---: | :---: | :---: |
| $\frac{v_{S}\left(T_{C}\right)}{T_{C}}$ | $\frac{4.851}{1.321}=3.67$ | $\frac{4.833}{1.346}=3.59$ | $\frac{4.816}{1.368}=3.52$ | $\frac{4.695}{1.348}=3.48$ |

## Impact of $\xi$ on v/T

e.g., scale-inv. $U(1)_{B-L}$ model [Cheng-Wei Chiang, E.S., 1707.06765 (PLB)]
$Q_{S}^{\prime}=2, \alpha^{\prime}=g^{\prime 2} / 4 \pi=0.015, m_{Z^{\prime}}=4.5 \mathrm{TeV}$ and $m_{\nu_{R 1,2,3}}=1.0 \mathrm{TeV}$.


|  | no resum | $\xi=0$ | $\xi=1$ | $\xi=5$ |
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## Onset of PT

- $T_{c}$ is not onset of the PT.
- Nucleation starts somewhat below Tc.
"Not all bubbles can grow"

expand? or shrink?
volume energy vs. surface energy
 $\alpha(\text { radius })^{3}$ $\alpha(\text { radius })^{2}$

There is a critical value of radius $\rightarrow$ critical bubble

## Nucleation temperature

- Nucleation rate per unit time per unit volume

$$
\Gamma_{N}(T) \simeq T^{4}\left(\frac{S_{3}(T)}{2 \pi T}\right)^{3 / 2} e^{-S_{3}(T) / T} \quad[\text { A.D. Linde, NPB216 ('82) 421] }
$$

$S_{3}(T)$ : energy of the critical bubble at $T$

- Definition of nucleation temperature $\left(T_{N}\right)$ horizon scale $\simeq H(T)^{-1}$

$$
\Gamma_{N}\left(T_{N}\right) H\left(T_{N}\right)^{-3}=H\left(T_{N}\right)
$$

$$
\frac{S_{3}\left(T_{N}\right)}{T_{N}}-\frac{3}{2} \ln \left(\frac{S_{3}\left(T_{N}\right)}{T_{N}}\right)=152.59-2 \ln g_{*}\left(T_{N}\right)-4 \ln \left(\frac{T_{N}}{100 \mathrm{GeV}}\right)
$$

Roughly, $S_{3}(T) / T \leqslant 150$ is needed for the PT.

